

Pregnancy – Sexuality – Family Planning:

General counselling for pregnant women and couples:

- I need information about legal claims (parental allowance, child benefit, Bavarian family allowance, etc.).
- I have personal questions about pregnancy, childbirth and postpartum matters.
- I need financial assistance through the state foundation "Hilfe für Mutter und Kind" (Help for Mother and Child).

The desire to have a child and family planning:

- I have questions regarding sexuality, family planning and contraception.
- I would like to have a child.
- I would like to get prepared for the time with my baby.

Counselling and support in pregnancy-related concerns:

- Counselling offers a safe space to share thoughts, feelings and uncertainties.
- Counselling is free of charge, confidential and anonymous if preferred.
- We offer quick appointment scheduling for individuals and couples.
- Following the counselling, you are entitled to receive a counselling certificate in accordance with Section 219 of the German Penal Code (StGB).

Counselling and assistance in crisis situations:

- I need guidance and support before, during and after prenatal diagnostics.
- I need help in coping with grief after miscarriage and stillbirth.
- I am pregnant and nobody is allowed to know. Counselling on "confidential birth". Further information is available at www.geburt-vertraulich.de
- I would like support in crises after birth (e.g. "baby blues", relationship challenges).

Our team:

- We are a team of experienced and qualified social workers.
- Our counselling services are available to all, regardless of religion or nationality.
- We are a state-approved counselling centre for pregnancy-related issues and are affiliated to the Protestant Counselling Centre (Evangelisches Beratungszentrum, EBZ).

Confidentiality:

All employees of the counselling centre are bound by legal confidentiality.

Costs:

The counselling service is free of charge.

Contact:

State-recognised counselling centre for pregnancy-related issues
at the Evangelical Counselling Centre (EBZ) at Diakonisches Werk Würzburg e.V.
Theaterstrasse 17 – 97070 Würzburg
ebz.ssb@diakonie-wuerzburg.de - Tel. 0931 404 48 55

Office hours:

Mon - Thurs 9:00 am – 12:00 noon, 01:00 pm – 04:00 pm

Fri 9:00 am – 01:00 pm

(Counselling appointments are also available outside regular office hours.)

Kitzingen branch office:

Haus Mainblick – Mühlberg St. 1 – 97318 Kitzingen

(Appointments by arrangement)